The Western Australian Rogaining Association welcomes you to

The Like A Virgo Rogaine Spring 24 hour Rogaine 2-3 September 2023

How to get there

From Perth:- (118 km, allow 1 hour and 40 minutes travel time)

- Drive to Brookton Hwy
- Head South-East on Brookton Hwy/State Route 40
- Turn right onto Gartrell Rd (unsealed) for 3.3km
- Continue onto Strange Rd (unsealed) for 14.7km
- Turn right to stay on Strange Rd (unsealed) for 650m

From Bunbury:- (224 km, allow 2 hours and 43)

- Head North on Forrest Hwy/National Route 1
- Turn right onto Old Bunbury Rd for 18.6km
- Turn left onto South Western Hwy/State Route 20 for 2.7km
- At the roundabout take the 2nd exit and stay on S Western Hwy for 42.5km
- Turn right onto Jarrahdale Rd for 21.3km
- Turn right onto Albany Hwy/State Route 30 for 39.2km
- Turn left into North Bannister-Wanderin Rd for 8.8km
- Turn left onto Ricks Rd (unsealed) for 7.5km
- Turn left onto South Rd (unsealed) for 5.2km
- Turn right onto Wearne Rd (unsealed) for 4.5km
- Turn left onto Barrett Rd (unsealed) for 3.4km
- Turn right onto Strange Rd (unsealed) for 2.5km
- Turn left onto Strange Rd (unsealed) for 650m

The rogaine signs will be out from midday Friday.

Emergency rogaine site satellite phone: +8816 2244 9700

The Post Event BBQ will be held on Friday 8th September at 77 Caledonian Avenue Maylands.

Event-Specific Information

- The map is 1:50,000 scale with magnetic north lines and 5 metre contour intervals.
- Safety patrolled roads are marked on the map.
- There are often dirt bikers active in the area on the numerous tracks. Keep your eyes and ears open and keep your headlamp burning brightly at night.
- Feral pigs have been sighted in the area. Please give them a wide berth if encountered.
- Camping is permitted on both Friday and Saturday nights.
- There will be a hash fire.
- Out of Bounds Areas It is vital that you do not enter the "out of bounds" areas; they have been set for good reasons. Your team will be disqualified if found there.
- All cropped areas are out of bounds. Do not walk across cropped fields.
- Not all out of bounds areas have fences around them. If there is no fence there is usually a track. Please take careful note of the boundaries when planning your route.
- This event has narrow corridors through out of bounds areas. Stick to the track or fence line through these
 corridors.

General Information

- All competitors should carry a minimum of two litres of water. Please bring extra water for your personal use.
- Registration will be open between 6pm and 10pm on Friday and from 8am on Saturday. Please have your vehicle registration number handy for the Admin Team to record, and you will receive a Registration Ticket which you can take to the Map Collection area to collect your maps and control descriptions.
- **Map Collection** will be open from 8.00am on Saturday morning. Maps and control descriptions will be given out to your team. Control locations are pre-marked on the maps. You will have nearly 4 hours to plan your route.
- Safety cards and wrist tags will be available for collection from 8.00am on Saturday. The cards and tags will not be issued unless all team members are present. Admin staff will assist in the fitting of the tags. Each tag is specific to a person. A tag reader will be present for people to check that they have the correct tag.
- Please offer to help when you register your team at the administration tent. You can help after the event by packing up the campsite equipment, by collecting controls, or by unloading the truck in Morley (on Sunday).
- The **novice briefing** will commence at 10:30am on Saturday. Experienced rogainers will be available to assist beginners with the use of compasses, reading map contours and route selection. Meet at the administration tent.
- The **pre-event briefing** will begin at 11.45am on Saturday and will cover **electronic punching** procedures. The event will start as close as possible to 12:00pm on Saturday and will finish exactly 24 hours later.
- The hash house will open from 5.00pm on Saturday until approximately 1.00pm on Sunday.
- A **recycling program** for the *Hash House only* is provided. You will be able to dispose of your food scraps for composting on site. **Please take your recyclable and non-recyclable waste home with you**.
- Team changes before the event: These can be made until 30 minutes before the start of the event.
- **Team changes during the event:** A new team can form during the event (see rule R25), but you must seek permission from administration before doing this.
- Dogs and other pets are not permitted at any rogaine.
- Drones are not permitted at any rogaine.
- Your safety is our concern, but your responsibility. Teams must not enter the rogaine course without a safety card. If administration does not know you are on the course we cannot help you. You must clearly fill in the intention sheets on the controls with your team number, the time (indicate whether am or pm or use 24 hour notation) and your intended destination. Failure to do so is unsafe, and is breaking the rules of rogaining. If you are caught breaking this rule you will be disallowed the points for the control.
- Maps of the area that provide additional information not on the Event Map are not permitted at the event.
- **GPS -enabled devices** and **mobile phones** may be taken on course only if they are contained within a **WARA-supplied tamper-proof non-see-through container** and that they are logged in and out by Administration. Failure to return a device in its original, unopened, container with the safety card will result in disqualification.

DON'T DRIVE TIRED

If you are taking the rogaine seriously, have a sleep before you drive home, or organise a lift home with someone who will be wide awake!

Event briefing notes

Out of bounds areas:

Please note that not all out of bounds areas on the map are farmland, and not all have fences around them. If there is no fence there is usually a track. Please take careful note of the boundaries when planning your route.

In particular please note that Barret Road passes through an out of bounds area. This section of Barret Road is ALSO OUT OF BOUNDS. Do not cross through this area, cameras may be in operation here.

The eastern part of the map can be accessed from Hash House along the road you drove in on. There is a corridor through the out of bounds area along the public road here.

The north eastern corner of the map is accessible via two corridors. Please be sure to avoid hiking across any cropped areas. All cropped areas are out of bounds. Please also use caution when crossing barbed wire fences, as there are a few in this area.

Feral pigs:

There are feral pigs in the area. They are particularly active around some of the watercourses. They have also been sighted at some of the controls. Please give them a wide berth, don't threaten them or get between them if encountered.

Low traffic zone:

The blue hashed areas on the map are designated as low traffic zones by DBCA for flora protection. You may walk the roads through these areas but please do not walk elsewhere through the low traffic zones.

Tracks:

This area is heavily used by dirt bikers. This means that many of the minor tracks on the map are narrow dirt bike trails. Use caution when navigating using minor tracks as new, unmapped tracks were common in setting this event. You may see some dirt bikers in the area so use caution when walking on the tracks.

Tagging at Controls:

Some of the electronic tagging units do not make an audible beep after recording,

Please ensure you hold your tag against the unit for long enough. It is ok to record at a control multiple times so if you are unsure you can tag again.

As always the 4 digit code at the top left of the control may be recorded to provide to admin in the case of a failed unit.

IMPORTANT INFORMATION (especially for people new to Rogaining)

Suggested items to bring for during the event

lightweight shirt drinking water (at least 1 litre per person) compass whistle

jumper small first aid kit

watch warm mittens/gloves snacks/food to eat on the course thermal clothing torch with spare batteries and bulb/s thick socks waterproof map bag (or contact) comfortable shoes waterproof jacket backpack sun hat leg protection (gaiters or long socks) warm hat sun block cream spare pencil (for writing on intention sheets)

Here are some things you might want to bring for use in the hash house area

drinking water (at least 1 litre per person) camera insect repellent toiletries tea towel cutlery mugs tent camp light table/chairs plates stationerv wet clothes bags sleeping bag

Food and cooking equipment required for prior to the opening of the hash house.

Comfortable shoes & cloths for afterwards

Water for personal needs (washing, and your initial supply of water to take on the course)

Restrictions to be Adhered to

Camping can only be at the designated hash house site.

No dogs are allowed in the hash house area or on the course.

No personal fires at the hash house.

No fires are to be started while on the course.

Smoking is NOT permitted on the course.

General Behaviour

Please be courteous to farmers, landowners and other competitors.

Please do not disturb stock, especially those with young.

Do not cross cropped paddocks or freshly cultivated land.

Avoid passing close to dwellings, especially at night or early in the morning.

Leave gates as you find them - if in doubt, close them.

Avoid damage to fences - use gates, or cross at strainer posts where possible.

Under no circumstances are you to drop litter of any kind, this includes fruit skins and all food wastes.

Note all out of bounds areas, as trespassing will disqualify your team.

Visiting Controls

Controls may be visited in any order.

Note that electronic tagging will be used at this event. At each control every team member must register their visit by tagging all electronic tags, and to do so within a 2 minute time window, failure to do so will mean that your team will not be awarded points for the control. The team must also record the team number, time of arrival and intended destination on the intention sheet at the control.

If an electronic punch fails, record the back-up code from the control's intention sheet onto your map or other suitable piece of paper.

Please move away from the control as soon as possible after tagging and recording your details.

Returning to the Hash House/Administration area

A team may return to the hash house/admin area at any time and may stay for any length of time.

A team's safety card must be handed into Admin whenever they return to the hash house area, including when they have completed the rogaine. Also ensure that every team member has tagged the finish control; failure to this could mean loss of points and or disqualification.

When a team returns to hash house ALL team members must be present at the admin tent to return the safety card.

When a team wishes to go out again ALL team members must be present at the admin tent to collect the safety card.

Penalties for Late Returns

Teams returning to the administration tent after the specified finish time will lose 10 points for each minute or part thereof. Teams returning later than 30 minutes after the specified finish time will be deemed to be late, and receive no score.

When teams return for the final time to the hash house area, they should immediately all tag the finish control and return their safety card to Admin. Any problems such as faulty electronic punches must be reported at this time. Points may only be gained if you inform administration of the issue immediately upon your return.

Administration will produce a printout that shows the controls your team has visited but not your final score.

- You should carefully check this printout and confirm that the controls listed are consistent with the controls you have visited. Any problems should be brought to the attention of administration within 30 minutes of the close of the event. The close of the event is defined here as the end of the 6, 12 or 24 hour period.
- You do not have to check your printout BUT if you have not disputed your controls visited with administration within 30 mins of the close of the event then your score will be finalised.
- To assist administration in completing the overall event results quickly, please check your listing and settle any disputes as soon as possible. Printouts are normally produced within 15 minutes of your return, unless administration is especially busy.
- Extra time for checking printouts will be granted for teams that finish within the 30 minute penalty period.

Safety

Under NO CIRCUMSTANCES is a team to split up during the event. This will result in disqualification.

If a team member becomes seriously ill or is injured the team should assist him/her back to:

- A water drop or a patrolled road, which will be listed on your control description sheet.
- A farmhouse or other habitation.
- The hash house.
- A control. There is no guarantee that another team will visit the control. Waiting on a patrolled road or at a water drop is preferable.

Use your whistle to signal distress. 6 short blasts at a time is the signal to be used. ANY TEAM HEARING A DISTRESS SIGNAL MUST ABANDON THEIR COURSE AND HELP IN ANY WAY NEEDED.

Australian Rogaining Association Competition Rules - as at 8 November 2019:

Rogaining is the sport of long distance cross-country navigation for teams travelling on foot. The object is to score points by finding checkpoints located on the course within a specified time. Checkpoints may be visited in any order.

Definitions: "The course" means anywhere a team travels during the time of the rogaine but specifically excludes the access road and areas in the proximity of an administration area designated by the organisers for non-competition use, for example for parking or camping. "Event site" includes the course and any administration, access and non-competition areas.

Entries

- R1. A team shall consist of two, three, four or five members.
- R2. A team that has a member under fourteen years of age shall also have a member eighteen years of age or over.
- R3. Competition placings are awarded in several sections based on the age and gender composition of teams. Each team shall be deemed to be entered for all sections of the competition for which it is eliqible.
- R4. No member of a team shall have been involved with the organisation of the rogaine so as to have a prior familiarity with the rogaine course or the fieldwork of the rogaine map.

Respect for Land and Property

- R5. Competitors shall respect public and private property.
- (a) Competitors shall not cross newly sown ground or growing crops, except if specifically permitted by the organisers, or any area deemed out-of-bounds by the organisers and shall keep a reasonable distance from dwellings and stock with young.
- (b) Competitors shall take due care when crossing fences, crossing at corner posts, solid posts or between wires wherever possible. Each team shall leave gates in the same state as they were found.
- (c) Competitors shall not discard litter or light fires at the event site nor smoke on the course.
- (d) Competitors shall not unduly damage or disturb native flora or fauna
- (e) Dogs and weapons of any kind, including firearms, are prohibited at the event site.

Conduct of Competitors

- R6. Competitors shall not enter the course until the official start is signalled.
- R7. Navigational Aids
- (a) The only navigational aids that may be carried on the course are magnetic compasses, watches and copies of the competition map.
- (b) The possession of other navigational aids, including pedometers, altimeters and GPS receivers on the course is prohibited except when event organisers provide a means by which information on the devices cannot be accessed whilst on the course.
- (c) The possession, at the event site, of maps that provide additional information not shown on the competition map is prohibited.
- R8. The use of aids for course planning other than for distance measurement and scoring estimation is prohibited
- R9. Competitors shall travel only on foot.
- R10. Members of a team shall remain within unaided verbal contact of one another at all times whilst on the course. A team shall demonstrate compliance with this requirement to any event official or other team on request.
- R11. Organisers shall issue checkpoint recording devices, which shall be a scorecard &/or an electronic recorder to one or more members of each team. Electronic recoding devices shall be attached to the competitors by a tamper-proof device, such as a wrist band, before the commencement of the event. Tamper-proof devices shall only be cut or removed by event officials.
- R12. A team shall surrender its recording device(s) to any event official, and shall advise their team number to any event official or other team, on request.
- R13. A team shall not accept assistance from, nor collaborate with, other people, nor deliberately follow another team
- R14. No food nor equipment shall be left on the course before the event for a team's use, and no food or equipment shall be discarded on the course unless retrieved by the team during the event and brought by the team with them to the finish.
- R15. Competitors shall carry a whistle at all times whilst on the course. In an emergency a competitor shall give a series of short blasts on their whistle.

Checkpoints

- R16. All team members shall approach to within 5 metres of each checkpoint for which points are claimed.
- R17. In order to gain points for a checkpoint teams must record their visit to that checkpoint using the recording device provided by the organisers in the correct square, where a scorecard is used. If a team punches an incorrect square, they must notify the organisers of the details of this immediately upon returning to the administration to be eligible to be credited with that checkpoint.
- R18. Where more than one electronic recording device is provided to a team, all devices must record a visit to a checkpoint to gain points for that checkpoint.
- R19. Teams shall fill in any intention sheet at the checkpoint with the time of arrival, the team number and the number of the checkpoint that they intend to next visit.

 R20. If a recording device is lost, a team may present in its place a record of punch marks or a record of the electronic "punch" human readable back-up codes on any single sheet. The organisers will accept this single sheet from the team provided that the punch/record marks are discernible, and the team can identify to the organisers the checkpoint number
- R21. Competitors shall not deliberately rest within one hundred metres of a checkpoint unless the checkpoint is also a water drop.
- R22. Competitors shall not adversely interfere with a checkpoint, water drop, any other facility placed upon the course by the organisers, or the equipment of any other team.

Administration Areas

- R23. Whenever a team visits an administration area, all team members are required to report together to the organisers and surrender their team's scorecard and/or "check-in" their electronic recording device(s). The team shall only collect its scorecard and/or "check-out" their electronic recording device(s) immediately prior to leaving that administration area.
- R24. A team is considered to have completed the event when:a) all team members have reported together to the designated finish administration area and
 - b) they have surrendered their recording devices.
- The team finish time is the latest time recorded for any member of the team.
- R25. If a competitor wishes to withdraw from a team for any reason the entire team shall return to an administration area and notify the organisers. The original team shall be deemed to have finished the event. If a new team is formed it may be admitted to the competition at the discretion of the organisers but no points shall be credited for checkpoints already visited

Penalties and Protests

- R26. The penalty for breaching these rules is disqualification except for rules R16, R17, R18 and R19 for which the penalty is the loss of points for the checkpoint under consideration. Any team disqualified under this rule shall be recorded as DSQ.
- R27. A team may voluntarily withdraw, by advising the organisers immediately upon their finish, if they have breached any rule for any reason and shall be recorded as W/D.
- R28. A team may report in writing to the organisers about any team thought to have breached these rules, or may protest in writing to the organisers about any actions of the organisers that they consider made the competition unfair.
- b) Within seven days of the results being published, if the violation is only evident through examination of the results or admission after the fact by a competitor. Scoring
- R29. The event shall end at precisely the set number of hours after the actual starting time, both times as defined by the organisers' clock. Where multiple timing devices are in use, the organisers shall ensure all clocks used to record finishing times are synchronized. Teams finishing late will be penalised at the rate per minute or part thereof specified in advance by the organisers. Teams finishing more than thirty minutes late shall be deemed ineligible for a placing and their result shall be recorded as LATE.
- R30. A team's score shall be the value of the checkpoints visited and correctly verified in accordance with these rules, less any penalties. The team with the greatest score, or in the event of a tie the team that finished earlier, shall be awarded the higher placing.
- R31. In the event of a checkpoint being damaged or deemed misplaced or missing by the organisers, teams shall be awarded the checkpoint score:
- a) If the punch is missing or damaged but the team has a correct record on the intention sheet.
- b) If the punch is missing and there is no intention sheet, but the team can satisfy the organisers that they visited the correct site.
- c) If a checkpoint is missing or misplaced but the team can satisfy the organisers that they visited the correct site.
- d) For a correctly recorded visit to a misplaced checkpoint.
- e) If an electronic "punch" fails but the team has either (where applicable) a punch on a backup control card or record of the human readable back-up code for that checkpoint.

General

R32. Any team hearing a distress signal must abandon their course and help in any way needed. No team shall be penalised for any rule breached in the course of giving such help.

R33. Communications devices such as mobile phones may be carried for safety purposes when event organisers provide a means by which the devices cannot be accessed whilst on the course. Use of a phone whilst on the course is prohibited.