

Western Australian Rogaining Association Drug Free Policy

Philosophy

The WARA recognises the need to ensure that the good health of all participants should always be the first priority.

The key to preventing and reducing drug related harm is to have a co-ordinated plan that involves the education of participation and implementation of appropriate procedures.

The development of a workable drug free policy is an essential outcome of a risk assessment evaluation for any sporting club or association.

Our sport is drug free; our aim is to keep it that way.

We actively seek to promote, encourage and support strategies to prevent or reduce harm from drug use for all participants at all levels.

1. Safe drug Use Practices

- i. Ensure that medications are used when needed and according to directions.
- ii. Adopt and be guided by the Sports Medicine Australia Policy on the administration of medications by non-medical personnel.
- iii. Actively discourage the use of medications in respect of injury/recovery that would enable a participant to compete where they would not otherwise be able to.

2. Moderate Alcohol Consumption and Smoke Free Environment

Ensure compliance with the liquor licensing Act 1998 including:

- i. Not selling or supplying alcohol to an intoxicated person.
- ii. Ensuring the quiet or good order of a neighborhood is not disturbed by any activity or by patrons in the vicinity of the premises.
- iii. Not allowing the sale or supply of alcohol to people aged less than 18 years.

Adopt and implement a smoke free policy for any indoor venues, outdoor functions and events under WARA control and not sell tobacco products at any WARA event.

Implement a smoke free policy for all officials and volunteers at the event site.

3. Misuse of Drugs or Substances

- Adopt and abide by the Australian Rogaining Association Dosing Policy
- Provide appropriate education for participants as to the potential harm of using prohibited banned substances.
- Ban the use of illegal drugs at all WARA activities.

4. Supporting WARA Competitors

- i. Ensure that competitors with conditions with conditions requiring the therapeutic use of drugs that are banned or restricted, have provided adequate and correct notification to the WARA.
- ii. Encourage senior "elite" competitors to behave as appropriate role models for junior participants.